950 Youngstown-Warren Rd. Suite C Niles, Ohio 44446

Phone: 330-505-1606 Web: aaristherapy.com



Behavioral Therapy
Intervention Services
Music Therapy
Occupational Therapy
Physical Therapy
Speech/Language Therapy
Social Skills Groups

## IF YOU INTEND TO SEEK INSURANCE REIMBURSEMENT for SERVICES RENDERED AT AARIS THERAPY,

## **PLEASE READ THIS ENTIRELY:**

Aaris Therapy Group is a private practice that accepts the following types of payments: cash, check, or credit card (including Health Savings Account Credit Cards) as well as Ohio Department of Education scholarships: Autism Scholarship and Jon Peterson Special Needs Scholarship.

We do not bill insurance companies directly, we are not affiliated with any insurance companies, nor do we negotiate any of our fees for services as listed on our fee schedule.

We have set our rates to be comparable to local and national standards and yet remain as affordable as possible for our families. Our rates cover direct therapy services or assessments, brief follow-up consultation, and documentation (i.e. treatment note, evaluation report). Our rates do NOT cover time or correspondence for "additional services" required for insurance reimbursement, as defined below.

If *YOU* intend to seek reimbursement from your insurance company for the services your child receives at Aaris (paid for at time of service), please be aware of the following:

- 1. Must show "medical necessity": Insurance companies often list speech therapy as a reimbursable service, but sometimes will not provide coverage for children's speech therapy services, particularly if the therapy is not due to a "medical" condition. Medical necessity is often interpreted as: is the child able to make their wants and needs known. Insurance companies do NOT typically reimburse for "developmental delay" or for working on specific articulation sounds such as /r/ or /s/. This applies to other disciplines as well such as occupational therapy and physical therapy. The insurance company determines which codes / services they will cover for children.
- 2. **Out of Network**: Some insurance companies will not reimburse for our services as we are out-of-network. Some companies will count our services towards your out-of-network deductible. It is *YOUR* responsibility to find out if your insurance company will reimburse you for any portion of our services since we are considered out-of-network. Medicaid will *NOT* reimburse you for our services, and we do *NOT* bill Medicaid.
- 3. **Pre-approval or Preauthorization**: Insurance companies require a significant amount of paperwork, including getting pre-approval for services. It is *YOUR* responsibility to request insurance pre-approvals/certifications and keep track of when re-authorizations are due if a limited number of sessions are approved. If documentation for insurance authorization is required to be completed by Aaris staff, you will be charged a consultation rate per our fee schedule, billable in quarter-hour increments.

- 4. **How much will I be reimbursed from my insurance**? We cannot tell you if your insurance company will reimburse you for services, even if your policy lists speech therapy as a covered service and pre-approves services. *YOU* need to ask your insurance company about their policies and procedures regarding reimbursement.
- 5. **Initial Assessments:** Insurance companies typically require a written initial assessment. This cannot be taken from school records (i.e. ETR, IEP), which *WE* may accept in lieu of an evaluation by Aaris staff. If *YOU* plan to submit claims to insurance, your first step would be to schedule a full evaluation at our office, for which you will be charged the evaluation rate, per our fee schedule. Some insurances will allow you to use assessments from other outpatient/clinical facilities to demonstrate medical necessity if they are less than 6 months old. However, *YOU* should check to find out if your insurance company will require a formal assessment from us before initiating therapy. Insurance companies generally require that your child has a formal assessment every 6 to 12 months, for which you would be charged an evaluation rate per our fee schedule.
- 6. "Additional Service" Requests: Any reports, documents, or consultations which are requested for your child require advanced notice and are considered "additional services". Consultations can include time spent in face-to-face conversation, phone calls, or e-mail with you or your insurance company. Any "additional services" will be billed to you at the consultation rate per our fee schedule (billable in quarter-hour increments); please be aware that a report may take longer than an hour to write.
- 7. **Diagnostic Codes (ICD-10 codes)**: Your insurance company will require this. This is the speech/language, OT, or PT diagnosis code that your therapist will assign, based on their clinical expertise and any testing that is completed. The diagnostic code is on each receipt you receive for services and at the top of our treatment notes. Insurance companies only reimburse for certain diagnostic codes; this information is not shared with us. Ethically, we must use the code that best matches your child's deficit and the reason why he/she is receiving therapy services. Any medical diagnosis codes will be reported as secondary codes (i.e. Autism; Down Syndrome; etc.).
- 8. **Treatment Codes (CPT codes)**: These codes are also located on your receipt and are determined by the therapist to best describe the type of treatment which your child received. It is up to *YOU* to contact your insurance company and determine if they reimburse for those treatment codes.
- 9. **Insurance Denials**: Any consultation, phone calls, e-mails, or reports requested by you or your insurance company to assist *YOU* in appealing a denial will be billed to you at the consultation rate per our fee schedule (billable in quarter-hour increments).

Please know that your child is of utmost importance to us and will receive quality care with our therapists. In 2012, we chose to focus our time and energy on therapy and not insurance paperwork. This allows us to offer affordable services to all of our families.

Thank you for choosing Aaris. We are confident you will be pleased with the Aaris difference.

Child's Name (printed)	Parent Signature
	 Date